

### Benefits that focus on your eye care

Many of us put our vision to the test every day with reading, driving, and spending time on a computer or phone. That's why we want to make it easier for you to take care of your eyes — and help catch health issues earlier.

#### Working together for your total health

Eye doctors are often the first to find signs of chronic health conditions, such as diabetes, high blood pressure, and high cholesterol<sup>1</sup> — all through an eye exam. So, if they notice any signs of one of these conditions during your eye checkup, they can share that information with your primary care doctor to get a better picture of your overall health.

## Accessible care on your terms

Blue View Vision gives you options to receive care when and where you need it with one of the nation's largest vision networks.

- More doctors and locations. With over 42,000 eye doctors and other eye care providers at more than 30,000 locations<sup>2</sup> in your plan's network, you're sure to find care that's close to home or work.
- Convenience and flexibility. Visit an independent eye doctor or choose from a variety of popular regional and national retail and online stores included in our standard network. Many of these stores have evening and weekend hours to work with most schedules.

#### Eyewear to fit your style

Access eye care and buy eyewear at a price that works with your budget. Keep in mind you'll receive discounts<sup>3</sup> when you go to an independent eye doctor or optical retail store that's in your plan's network. You can also include the following options at no additional cost:

- Factory scratch coating on standard/basic eyeglass lenses.
- Polycarbonate and Transitions® lenses for covered dependents under age 19.









GLASSES contacts direct 1800 contacts Ray Ban befitting



#### Other plan benefits:

- Negotiated savings on other popular lens options and treatments.
- High-quality progressive lenses and antireflective coatings at different price levels.
- Access to translation support and vision resources when traveling abroad.
- 15-20% off the balance of the cost over your benefit allowance for contact lenses or eyeglass frames.
- 20% off other upgrades, accessories, and nonprescription sunglasses.
- 40% off extra pairs of glasses anytime, from any provider in your plan's network.
- Up to 30% savings on prescription eye drops for myopia (low dose Atropine) and dry eyes (Total Tears) filled through ImprimisRx home delivery.



# Search for an eye doctor

To find eyecare professionals in your plan's network near you, use Find Care on the Sydney<sup>SM</sup> Health mobile app or **anthem.com**.



# We're here to help

If you have questions, log in to the Sydney Health app or **anthem.com** or call us at the Member Services number on your ID card.

1 American Academy of Ophthalmology – EyeSmart: 20 Surprising Health Problems on Eye Exam Can Catch (accessed June 2023): aao.org. 2.7elis Network360 data. January 2023.

3 Discounts don't apply to frames for which a manufacturer has imposed a no-discount policy.

What you've read here is a brief outline of the products and services included in our standard full service vision plan that provides coverage for exams and prescription eyewear. It is not a legal contract. Your plan benefits may vary from this. To get the details of your specific benefits, exclusions, and restrictions, please see your plan documents.

Transitions is a registered trademark of Transitions Optical, Inc. Photochromic performance is influenced by temperature, UV exposure, and lens material.

Laws in some states may prohibit network providers from discounting products and services that are not covered benefits under the plan.

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